Medical Home Supplies

For Home Emergences

WOUND CARE

- ☐ Alcohol wipes and/or iodine wipes (two dozen)
- ☐ Water packets (Four 4 oz; used to clean wounds & swallow medication)
- ☐ Bottle of alcohol-based hand sanitizer
- ☐ Tincture-of-benzoin swabs – sticky, helps bandages stick. (twelve)
- ☐ Spray container of *Bactine* (anti-bacterial, analgesic pain killer)
- ☐ Tube of Vaseline
- ☐ Tube of Tri-antibacterial ointment and/or 24 individual packets
- ☐ Butterfly strips (*Walgreens*) or *Steri-strips* to close wound (ten)
- ☐ Assorted gauze patches (10 of each)
- ☐ Quick Clot clotting sponges (one 25 gram, one 50 gram)
- ☐ Bandages (48 regular, 24 large)
- ☐ Large *Kotex* pads - severe bleeding bandage (Six)
- ☐ Tampons – for inside deep laceration (six)
- ☐ Nonstick Dressing pads (six)
- ☐ Coban self-adherent wrap (Two each: 4", 2" and 1" rolls)
- ☐ Large and small ACE bandage (2 each)
- ☐ Large triangular cloth bandage,40"X 40" X 56" (four)
- ☐ Sam splint (Adjustable splint: one large and one small)
- ☐ Mole skin (4"X 8"patch)
- ☐ 2nd Skin Moist Burn Pads (two large patches, can be cut to size)

MEDICATIONS

- ☐ Aspirin - heart attack or stroke, pain, reduces temperature
- ☐ Ibuprophen - pain, anti-inflammatory, reduces temperature
- ☐ Aleve – pain, anti-inflammatory
- ☐ Anti-diarrhea tablets (*Imodium*)
- ☐ Pepto-Bismol tablets - nausea
- ☐ Antihistamine (*Zyrtec or Benadryl*) – allergies
- ☐ Antifungal ointment – athlete's foot, etc. (*Desenex, Lotrimin*)

TEMPERATURE TREATMENT

- ☐ Chemical cool packs (six)
- ☐ Chemical hot packs (six 12 hour)

TOOLS

- ☐ Latex gloves (12 large pairs, 12 medium)
- ☐ Head Lamp with extra batteries (two)
- ☐ Bandage scissors (for cutting clothing and bandages)
- ☐ Large safety pins (six)
- ☐ Large needle (splinter removal)
- ☐ Quality tweezers (splinter and debris removal)
- ☐ Curved and strait hemostats – for pinching off severed blood vessel (two)
- ☐ Particulate masks -treating diseased patient (twelve)
- ☐ Thermometer
- ☐ CPR mask
- ☐ Duct tape (12' wrapped on 2.5" PVC pipe; numerous uses in an emergency situation)

Adventure Medical Kits *– excellent products for a fair price.*

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