

Top 12

Emergency Preparedness Items

The following items are the minimum recommendations for households to have, in the event electrical power, water, and goods and services are unavailable. They cover the basic survival needs such as energy for: light, heat, and cooking. As well as water, sanitation, food, home defense, and communication.

Key Items Check List:

- LED Flashlights and Headlamps** – Store in key home locations *(10 Second Rule)*.
- LED Lanterns** – At least 2 per home. *(Recommended: Coleman 400 & 700 lumen and GE 400 & 500 lumen)*
- Candles** – 6 large candles *(in glass)*, 12 clear glass prayer candles *(Recommended: Dollar tree)*
- Indoor Propane Heater** – High BTU output with a low pressure indoor hose attachment for connecting to a 20# propane tank. *(Recommend: Mr. Heater Big Buddy with F271803 12' hose)*
- Propane Cook Stove** – white gas camp stove is also an option. *(Recommended: Coleman Triton two burner propane camp stove is a quality product, have plenty of fuel)*
- Water Storage Containers** – 5 or 7-gallon camp type with spigots and a water barrel. *(Recommended: Four stackable 7 gallon Reliance Brand containers are an excellent option but are heavy when full)*
- Bleach** – Important for sanitizing, disinfecting water *(8 drops per gallon)*, and human waste disposal. *(Recommend: four 2-quart jugs with eye dropper, store in warm room temperature, shelf-life 1-2 years)*
- Contractor Bags** – Two boxes of twenty 42-gallon, 3 mil bags, used for disposal of waste. *(When there is no water supply, use bag in toilet for collecting and disposing of waste. Add a little diluted bleach water 1/5)*
- Food** – One 5-gallon bucket of quick cooking meals *(Example: Freeze dried meals or dehydrated meals)*
Six 5-gallon buckets of dry food *(Example: oat meal, pasta, rice, barley, beans, lentils, split pea, pop corn, etc.)*
Twelve #10 cans of dehydrated or freeze dried food *(Example: beef, chicken or sausage TVP, pancake mix, scrambled eggs, powdered spaghetti sauce, powdered alfredo sauce, powdered milk, powdered butter, onion flakes, etc.)*
- Battery Radio** – With four bands and weather channel. *(Recommended: Voyager 4 band KA500)*
- Marine Air Horn** – Neighborhood communication warning signal and intruder defense.
- Fuel** – Four 20# tanks of propane, twelve 1# cylinders of propane, and four 5-gallon containers of gasoline *(non-ethanol, high octane with fuel stabilizer and fuel injector cleaner fluid added)*.

Have Extra:

- Cash *(one month, in mostly small bills)*
- Essential Medications *(at least one month supply)*
- Batteries *(all sizes and types, especially D-cell)*
- Paper products *(toilet paper, towels, feminine products)*
- Pet food if needed