

Top 12

Emergency Preparedness Items

The following items are the minimum recommendations for households to have, in the event electrical power, water, and goods and services are unavailable. They cover the basic survival needs such as energy for: light, heat, and cooking. As well as water, sanitation, food, home defense, and communication.

Key Items Check List:

- LED Flashlights and Headlamps** – Store in key home locations (“10 Second Rule”).
- LED Lanterns** – At least 2 per home. (Recommended: Enbrighten 800 lumens from Costco, Coleman 400 & 700)
- Candles** – 6 large candles (in glass), 12 clear glass prayer candles (Recommended: Dollar tree)
- Indoor Heater** – High BTU output kerosene or propane type heater (Recommend: Mr. Heater Big Buddy with F271803 12’ hose for attaching to 20# propane tank)
- Cook Stove** – propane or white gas camp stove. (Recommended: Coleman Triton two burner propane camp stove with a least 12 lbs. of fuel)
- Water** – 100 gallons in various containers. (5 or 7 gallon camp type containers with spigot, 1 gallon glass or heavy plastic jugs, 5 gallon food grade buckets, large water barrel)
- Bleach** – Important for sanitizing, disinfecting water (8 drops per gallon), and human waste disposal. (Recommend: four 2-quart jugs with eye dropper, store in warm room temperature, shelf-life 1-2 years)
- Contractor Bags** – Two boxes of twenty 42-gallon, 3 mil bags, used for disposal of waste. (When there is no water supply, use bag in toilet for collecting and disposing of waste. Add a little diluted bleach water 1/5)
- Food** – One 5-gallon bucket of quick cooking meals (Freeze dried meals and/or dehydrated meals)
Six 5-gallon buckets of dry food (Example: oat meal, pasta, rice, barley, beans, lentils, split pea, pop corn, wheat)
Twelve #10 cans of dehydrated or freeze dried food (Example: beef, chicken or sausage TVP, pancake mix, scrambled eggs, powdered spaghetti sauce, powdered alfredo sauce, powdered milk, powdered eggs, onion flakes, cheese)
- Battery Radio** – With four bands and weather channel. (Recommended: Voyager 4 band KA500)
- Marine Air Horn** – Neighborhood communication warning signal and intruder defense.
- Fuel** – Four 20# tanks of propane, twelve 1# cylinders of propane, and four 5-gallon containers of gasoline (non-ethanol, high octane with fuel stabilizer and fuel injector cleaner fluid added).

Have Extra:

- Cash (one month, in mostly small bills)
- Essential Medications (at least one month supply)
- Batteries (all sizes and types, especially D-cell)
- Paper products (toilet paper, towels, feminine products)
- Pet food if needed