

## Top 12

# Emergency Preparedness Items

**The following items** are the minimum recommendations for households to have, in the event electrical power, water, and goods and services are unavailable. They cover the basic survival needs such as energy for: light, heat, and cooking. As well as water, sanitation, food, home defense, and communication.

### Key Items Check List:

- LED Flashlights and Headlamps** – Store in key home locations (“10 Second Rule”).
- LED Lanterns** – At least 2 per home. *(Recommended: Enbrighten lanterns from Costco)*
- Candles** – 6 large glass jar candles, 12 clear glass prayer candles *(Recommended: Dollar tree)*
- Indoor Heater** – Wood Stove, fireplace insert, high BTU kerosene heater, or propane type heater *(Recommend: Mr. Heater Big Buddy with F271803 12’ hose for attaching to 20# propane tank, for a single room)*
- Cook Stove** – propane or white gas camp stove. *(Recommended: Coleman Triton two burner propane camp stove with a least 16 lbs. of fuel)*
- Fuel** – Four 20# tanks of propane, twelve 1# cylinders of propane, and four 5-gallon containers of gasoline *(non-ethanol, high octane with fuel stabilizer and fuel injector cleaner fluid added).*
- Water** – 100 gallons in various containers. *(5 or 7 gallon camp type containers with spigot, 1 gallon glass or heavy plastic jugs, 5 gallon food grade buckets, large water barrel)*
- Bleach** – Important for sanitizing, disinfecting water *(8 drops per gallon),* and human waste disposal. *(Recommend: four 2-quart jugs with eye dropper, store in warm room temperature, shelf-life 1-2 years)*
- Contractor Bags** – Two boxes of twenty 42-gallon, 3 mil bags, used for disposal of waste. *(When there is no water supply, use bag in toilet for collecting and disposing of waste. Add a little diluted bleach water 1/5)*
- Food** – One 5-gallon bucket of quick cooking meals *(Freeze dried meals and/or dehydrated meals)*  
Six 5-gallon buckets of dry food *(Example: oat meal, pasta, rice, barley, beans, lentils, split pea, pop corn, wheat)*  
Twelve #10 cans of dehydrated or freeze dried food *(Example: beef, chicken or sausage TVP, pancake mix, scrambled eggs, powdered spaghetti sauce, powdered alfredo sauce, powdered milk, powdered eggs, onion flakes, cheese)*
- Battery Radio** – With four bands and weather channel. *(Recommended: Voyager 4 band KA500)*
- Marine Air Horn** – intruder defense and neighborhood communication warning signal

### Have Extra:

Cash *(one month, in mostly small bills)*

Essential Medications *(at least one month supply)*

Batteries *(all sizes and types, especially D-cell)*

Paper products *(toilet paper, towels, feminine products)*

Pet food if needed